



# This week at St. Andrew's

Thursday, March 13, 2025

Welcome to St. Andrew's Weekly E-mail Newsletter. In an effort to keep the congregation better informed we will be sending out this newsletter on Thursdays to cover events happening at the church through the following Wednesday. We hope you find it useful.



*The Mission of St. Andrew's Parish is to worship God, grow in discipleship, and share Christ's love.*  
St. Andrew's Episcopal Church, 2018

**March 16, 2025**

**2 Lent**

**8:00am Holy Eucharist Rite I**

Celebrant & Preacher: The Rev. Dr. Suzannah Rohman  
Organist: Sean Fleming  
Altar Guild: Ann Kash  
Eucharistic Minister/Intercessor: Ann Kash  
Lector: Jim Swan  
Usher: Jim Swan  
Vestry Announcer: Tanya Albert

The worship booklet for the 8am Sunday service is available by clicking [here](#).

**10:00am Holy Eucharist Rite II**

Celebrant & Preacher: The Rev. Dr. Suzannah Rohman  
Organist: Sean Fleming  
Choir Director: Linda Blanchard  
Altar Guild: Nora Lundeen  
Eucharistic Minister/Intercessor: Andrew Donaldson  
Lectors: Nora Lundeen & Martha Dodge  
Livestream Operator: Bill Judd  
Ushers: Martha Dodge & Jennifer Meade  
Vestry Announcer: Bob Lundeen

The worship booklet for the 10am Sunday service is available by clicking [here](#).

**Livestreaming:** We now livestream through our youtube channel. Please click [here](#) to access St. Andrew's YouTube channel. If you have a "Smart TV" with the YouTube app installed, you can watch the service Live or play it later.

To find our channel on the YouTube app, enter: [@st.andrewsepiscopalchurchn5752](#)

Problems, send an email to [stastech@tidewater.net](mailto:stastech@tidewater.net). Facebook messenger will no longer be used.

You can get to our Website by clicking [here](#)

**Note about Sunday's Anthem**

"Lord, for Thy Tender Mercy's Sake" sets a text from *Christian Prayers and Holy Meditations* (1586), collected by Henry Bull. The anthem is one of the most beloved English motets, yet it's not possible to identify its composer. The most likely candidates are Richard Farrant (c. 1525–1580) and John Hilton the elder (1565-1609(?)), though Farrant most frequently is credited with its composition. A simple yet expressive work, the anthem exemplifies the clarity and warmth of early Anglican choral music. The soaring "Amen" which concludes the work is not always included, as it was a later addition, composer unknown. —Linda Blanchard

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## Sunday Lenten Series continues through Lent

Please join me (Suzannah) during the Sundays of Lent following the 10 am service to discuss Bishop Mariann Budde's book, *How We Learn to Be Brave: Decisive Moments in Life and Faith* Bishop Budde is the Bishop of the Diocese of Washington (DC) who preached about mercy at the prayer service in the National Cathedral (Episcopal) in Washington DC following the inauguration of the president. We will read a chapter each week for the six weeks of Lent.

Here is the write up about Bishop Budde's book:

***How We Learn to Be Brave is an inspirational guide to the key junctures in life that, if navigated with faith and discernment, pave the way for us to become our most courageous selves, by the bishop of the famed Episcopal Diocese of Washington, D.C.***

The Lenten Series will be held after the 10am service and will continue through Lent. The book is available on Amazon and may be available at area bookstores or libraries. There is also a copy of the book in the church library which may be signed out.

Please contact me with any questions at [stasrector@tidewater.net](mailto:stasrector@tidewater.net) - Suzannah

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## Lenten books at St. Andrew's Library

The library has a carefully curated display on the lamp table of Lenten reading material for you to borrow. Please feel free to take something home for your Lenten reading pleasure. The book by Bishop Budde is also available but needs to be signed out on the accompanying clipboard.

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## Holy Women, Holy Men John & Charles Wesley Priests and Evangelists

On almost every day of the year, the Episcopal Church honors faithful followers of Jesus who went before us. Every Wednesday at St. Andrew's during our Healing Eucharist, we remember one of more of these Holy Men and Women. We take time to remember these people for three important reasons. First, they deserve to be remembered. The people chosen for our calendar are remembered because they were particularly remarkable followers of Jesus. The second reason we remember them is because in remembering we are connected to Christians throughout time. And last but not least, we remember them because in remembering we can learn how to be better followers of Jesus in our day and time.

This week we remember John & Charles Wesley. Please click [here](#) to learn more about them.

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## A Message from the Earth Keepers Team:

**March 30 Meat-Free Potluck:** Join the St. Andrew's Earth Keepers Team for a meat-free potluck on March 30th at 12:15 in the undercroft. Bring a meat-free dish to share! Anyone participating in the book discussion can come after that has wrapped up.

## 4:00pm on the last Saturday of each month, starting March 29th:

I would like to invite you all to a monthly gathering to practice Lectio Terra, or Terra Divina, which invites all to find the divine in the greater-than-human world. The ancient practice of Lectio Divina uses a scripture reading to find greater meaning. In our practice we will have a short reading which we will use for meditation. We then will immerse ourselves in our surroundings to read the natural world around us, hoping to find greater meaning and divinity.

*Sessions will last 45-90 minutes* depending on the weather or other factors, though most sessions will be about 90 minutes. The first session will be *March 29th, at 4:00*. We will meet every last Saturday

indefinitely. I am also open to other days, which can be in addition to these gatherings.

The first session will be at St. Andrew's Episcopal Church, and will include a scripture reading, though this will be an ecumenical group, so we can expand to other venues and readings as we continue our journey together.

For more information on this practice look at [this guide](#) or contact me, Lili Pugh I hope you can join us! Feel free to pass this along as well!

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### Frances Perkins article

The latest DownEast magazine (March, 2025 - donut on the cover) contains a short article about Frances Perkins and her homestead in Newcastle. If you do not subscribe, there is a copy in the office that you may read.

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#### St. Andrew's Church Calendar

St. Andrew's Church calendar is available online. If you would like to access it, please click [here](#)

#### Snowy Weather

In case of snowy weather, please check your email or the church phone message (563-3533) for any service changes due to the weather.



### Weekday Worship

Compline: Monday-Friday 8:30 PM  
Zoom Meeting

Wednesday Healing Service: Wednesdays at 11:30am

**Please note: The next luncheon after this service will be on Wednesday, April 2**

### Meetings

Benedictine Group: 10:00 AM Wednesday  
Zoom Meeting

Knitting Group: 2-4pm Fridays  
All welcome: knitters, non-knitters and everything in between.  
Meeting in the Undercroft unless otherwise announced.

St. Andrew's Choir Rehearsal: Thursdays at 7:00pm. Please contact the choir director, Linda Blanchard or the organist, Sean Fleming if you are interested in more information about the choir.

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### Intercessory Prayer List

*"The Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words." (Romans 8:26)*

*We pray for those who are ill or with special needs:*

Rob & Irma Hargreaves, Alan Hargreaves, Phil Bartley, Val Gorrill, Tom Belanger, Dick, Tyler & Christine, Bruce & Julie, Cynthia Troxel, Nathan Hargreaves, Janice Roman, Beth, Emily Goodspeed, Anne Ogden, Tony Sousa, Joanne Sousa, Ian J., Emily Goodchild, Jennie Zerges

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E-mail: [stasnew@tidewater.net](mailto:stasnew@tidewater.net)  
Web site: [standrewsnewcastle.org](http://standrewsnewcastle.org)

Rector: The Rev. Dr. Suzannah Rohman  
Senior Warden: Sara Sandberg - Junior Warden: Kelley Kash  
Clerk: Terry Marsh - Treasurer: Mark Freese  
Organist: Sean Fleming - Choir Director: Linda Blanchard  
Parish Administrator: Ann Kash  
Ministers: All Members of the Parish

[Visit our Website](#)

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