



# This week at St. Andrew's

Thursday, July 17, 2025

Welcome to St. Andrew's Weekly E-mail Newsletter. In an effort to keep the congregation better informed we will be sending out this newsletter on Thursdays to cover events happening at the church through the following Wednesday. We hope you find it useful.



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*The Mission of St. Andrew's Parish is to worship God, grow in discipleship, and share Christ's love.*  
St. Andrew's Episcopal Church, 2018

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**6 Pentecost - July 20, 2025**

**9:00am Holy Eucharist Rite II**

Celebrant & Preacher: The Rev. Pam Mott  
Organist: Sean Fleming  
Musical Guest: Torren Nehrboss, harp  
Altar Guild: Laura Blanchard  
Eucharistic Ministers: Andrew Donaldson & Christine Benken  
Lectors: David Blanchard & Steve Ward  
Livestream Operator: Bill Judd  
Ushers: Cindy Freese & Jennifer Meade  
Vestry Announcer: Laura Blanchard

The worship booklet for the 9am Sunday service is available by clicking [here](#)

You may also watch this service on St. Andrew's YouTube channel. (Live or recorded)

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## **Note about the music for this Sunday**

Thank you to **Torren Nehrboss** for her offering of music for the service this Sunday, July 20.  
The following are the pieces she will be playing during the service:

Prelude: *Pathfinder Study IX: Tenderness* - Lucile Lawrence

Offertory Voluntary: Menuet from the *Suite of Eight Dances* - Carlos Salzedo

Postlude: Gavotte from the *Suite of Eight Dances* - Carlos Salzedo

Torren Nehrboss is a senior at Lincoln Academy and has been studying harp for eight years with harpist Suki Flanagan. In addition to playing various gigs in the Midcoast region, Torren has performed with her school band and with the Midcoast Symphony Orchestra as second harp. She enjoys experimenting with many genres of music although her primary training is classical. In addition, Torren appreciates being a next-door neighbor to St. Andrew's Church.

Here is a list of the guests who will present music at the St. Andrew's Sunday 9:00 service between now and Aug. 31. Please mark these on your calendar so that you don't miss these special offerings of music!

July 20 - Torren Nehrboss, harp  
July 27 - Maine Friends of Music

## Rob Flory Visitation

The visitation to remember Rob Flory will take place on Saturday, July 26th from 1-3pm at the Strong Hancock Funeral Home, 612 Main Street, Damariscotta. Service and burial will be private.

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## A Note from the Earth Keepers Group

The Earth Keepers at St. Andrew's are launching a new program to promote lower emissions from cooking, eating, transporting and disposing of food and food waste. They invite parishioners now to look for a basket in the back of the church where people can put meat-free recipes; five copies please...and take away recipes that look tempting. This recipe exchange will culminate in a Meatless Potluck at St. Andrew's on September 14. There is a fascinating discussion of food-related emissions from the BBC; see this attachment -- <https://www.bbc.com/future/article/20220429-the-climate-benefits-of-veganism-and-vegetarianism...>

Parishioners might also be interested in the book "Not the End of the World" by Hannah Ritchie which explores ways of reducing global emissions, including shunning beef-eating due to its prodigious effects on forest growth. There is a copy of Ritchie's book in the church library.

## Earth Keepers Carpooling

Earth Keepers is reminding everyone that a carpool sign-up is available at the back of the church and at coffee hor. Sharing rides is good for the environment and for our parking situation. It may allow someone to attend church who finds it hard to get around. It may even provide a new friendship! Think about offering a ride to someone in your neighborhood or ask for a ride if you need one. Earth Keepers will take the information and coordinate the logistics.

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## Tidings / Coffee Hour Schedule

\*\*Please note that coffee hour hosts are needed for all Sundays (except the picnic).

Please contact Sara Sandberg if you are interested in hosting.

## July 20 A Look at Christian Nationalism / John Nieman

The rise of Christian Nationalism from the fringe of our society to the central halls of power challenges all Christians to reflect critically on our history and convictions. In this class, we will examine what Christian nationalism is why it is an affront to the basic tenets of the Christian faith.

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## Altar Flowers

If you would like to have the altar flowers dedicated in memory or thanksgiving for someone special in your life, please contact Sally Pearce. We have available Sundays throughout the year. You may choose your flowers and the flower committee will take care of the rest.

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## Summer Church Hours

During the summer, the church will be open for any business needs Tuesdays, Wednesdays and Thursdays from 10am-2pm

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## St. Andrew's Church Calendar

St. Andrew's Church calendar is available online. If you would like to access it, please click [here](#)

## Single 9am Sunday Service

From May through October, St. Andrew's will be trying out a single 9am Sunday service. Through this period, we will be celebrating with Holy Eucharist Rite I on the first Sunday of each month and Rite II the rest of the Sundays in the month with music every Sunday.

## **Weekday Worship**

Compline: Monday-Friday 8:30 PM  
Zoom Meeting

Wednesday Healing Service: Wednesdays at 11:30am

**Please note: The next luncheon after this service will be on Wednesday, August 6**

## **Meetings**

Benedictine Group: 10:00 AM Wednesday  
Zoom Meeting

Knitting Group: 2-4pm Fridays  
All welcome: knitters, non-knitters and everything in between.  
Meeting in the church library unless otherwise announced.

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## **Intercessory Prayer List**

*"The Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words." (Romans 8:26)*

*We pray for those who are ill or with special needs:*

Rob & Irma Hargreaves, Alan Hargreaves, Phil Bartley, Val Gorrill, Tom Belanger, Dick, Tyler & Christine, Bruce & Julie, Cynthia Troxel, Nathan Hargreaves, Janice Roman, Beth, Tony Sousa, Joanne Sousa, Ian J., Emily Goodchild, Jennie Zerges, Elizabeth Lyon, Bill Namestnik

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Rector: The Rev. Dr. Suzannah Rohman  
Senior Warden: Sara Sandberg - Junior Warden: Kelley Kash  
Clerk: Terry Marsh - Treasurer: Mark Freese  
Organist: Sean Fleming - Choir Director: Linda Blanchard  
Parish Administrator: Ann Kash  
Ministers: All Members of the Parish

Visit our Website

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